

# Squeeky's Breakfast on the Go

It tastes great first thing in the morning before school!

## Recipe Ingredients & Utensils:

- 3/4 c. fruit-flavored, fat-free yogurt
- 1/3 c. oat bran
- 1/3 c. sliced peaches, canned in light syrup
- 1 tbsp. dried cranberries
  
- 16 oz. plastic cup
- measuring cup
- measuring spoon

## How to make it:

1. Layer peach slices in 16 oz. plastic cup.
2. Next, layer the yogurt on top of the peach slices.
3. Sprinkle dried cranberries on top of the yogurt.
4. Top with oat bran.
5. Serve immediately or cover and refrigerate until ready to eat.



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