

Squeeky's Strawberry Smoothie

Keep COOL with a healthy strawberry smoothie! Tastes great with fresh fruit, but can also be made with frozen fruit.

Recipe Ingredients:

- 1/2 c. vanilla soy yogurt
- 1/2 c. strawberries
- 2 ice cubes
- 2 tsp. vanilla extract

How to make it:

1. Place all the ingredients in a blender. You'll need help from your adult assistant to blend the ingredients.
2. Blend all ingredients in a blender until smooth.
3. Pour smoothie in a cup and enjoy!



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